

## MILES, MEDALS, AND RECORDS



### ASEA Athlete Accomplishments: Summer 2015



While most people were sitting by the campfire roasting marshmallows and soaking up the sunshine by the pool this summer, ASEA's athletes were bringing their own kind of heat. From races and matches to medals and world records, our athletes scorched their competition, and some even managed the impossible.

[Check out this summer's major highlights from some of our ASEA athletes.](#)

#### STRONGMAN EDDIE HALL

Eddie snagged the title of the UK's strongest man for the fifth year in a row. As if that wasn't impressive enough, earlier this summer, Eddie set a new world record for the deadlift when he picked up 463KG (1020.74 lbs).

#### ENDURANCE ATHLETE CODY WAITE

Cody completed the Leadville Trail 100 Mountain Bike Race for the first time in his career. The race covered over 100 miles with 12,000 feet of elevation gain! Cody finished 15th with a time of 7 hours and 1 minute.

#### SWIMMER CODY MILLER

Team USA swimmer Cody Miller headed to Russia for the FINA World Championships in August. Cody won gold during prelims in the men's 400 meter medley relay, and team USA finished the competition as the world champions!





### CYCLIST GERARD LOUIS ROBERTS

Gerard Louis Robert won four gold medals at the French Track Championships this summer, and he set a world record for the best performance of the year on the 500 meter.

### CYCLING TEAM ASEA IN IRELAND

Damian Shaw claimed the title of national road race champion and was picked for elite Irish national team for road and track cycling! He's showing the competition who's boss.



Roger Aiken is the newest cyclist to join to Team ASEA, and he made a good first impression when he won the final stage Banbridge Super 7 Criterium.

Our athletes continually amaze us with the things they accomplish. They are all profound examples of what's possible when you work hard, take care of your body, and dedicate yourself to your goals. Their success this summer is only a glimpse of the effort they each put into their sports.

**We can't wait to see what the future holds for these incredible people!**

